

Walks

There are many varied walks from the house from a stroll around the garden, Cosses Trail through the woodland and the pond, to circular longer walks, with magnificent views, which are highlighted on the ordnance survey maps. Please feel free to use the maps but please leave them behind when you leave. There are various walks described in brochures in your room including 'Ayrshire Coastal Path', 'Walks in South Carrick', 'Southern Upland Way western section, short walks' and 'Discover the Stinchar Valley'. Times are approximate, the terrain varied and the views stunning.



Walks from the house include:

1. Follow the track between the beech hedge and the vegetable garden towards **Ladyknowe**, past the rear of **Auchairne** to the cross roads at **Auchairne Bridge**. Turn right down **Lemons Glen**. After about ½ a mile turn right to **Sheepfold**, past the waterfalls and the farm buildings and stables to **Laggan**. Turn right at **Laggan Bridge** and follow the road back up the hill to **Cosses Country House**. 1 ½ hours
2. As above, but instead of following the road up the hill, turn left at **Laggan South Lodge** through the large black wrought iron gates, and head through **Gaphar Woods** to the caravan park. Turn right in the caravan park at the end of the track and then right again into the road at **Héronsford**. Follow the road up the hill to **Auchenflower**. Turn right at the junction (no through road) and follow the road back to **Cosses Country House**. 2-3 hours.



3. Follow the track as in walk 1. to **Auchairne Bridge**. Turn left and follow the signs to **Kilwhannel and Beneraid**. The tarmac road turns right into Kilwhannel farm, but keep straight on through the gate onto the grass track. At the 3rd gate there is a sign left to **Héronsford**. Follow this track along a beach avenue of trees to **Drummuckloch**, over **Crailoch Bridge**, past **Crailoch** house and the beautiful greenhouse, down the track to **Auchenflower**. Turn left at the junction at the old school house and follow the road back to **Cosses Country House**. Alternatively after the green house at **Crailoch**, before the tennis courts, turn left and follow the track down the side of the field, over the bridge, follow the track then across another field and along by the edge of the wood until you come to a stile into the field that leads back down to **Cosses Country House**. 1 ½ - 2 hours.
4. Follow 3 but instead of turning left to Crailoch, keep straight on and follow the track to the highest point in the area, **Beneraid 439 feet**, from where the Isle of Man, the Merrick, the Trossachs, the Isle of Arran, Ailsa Craig, the Mull of Kintyre and Ireland can all be seen in a 360 degree view. Return the way you came or via Crailoch (walk3). 3-4 hours.